Simple Things *to* Be Thankful for Today

Ordinary & *Happy*

1. The people who were around the table with you yesterday.
2. The group photo (even if someone's eyes are closed!)
3. Something, no matter how simple, that gave you purpose this year.
4. Something that has made you stronger this year.
5. The little moments of joy and laughter not just from yesterday, but the past year, too.
6. The people who showed up for you this year.
7. A quiet morning full of life's little joys.
8. The wonderful traditions that have been passed down through generations.
9. Those moments where your heart feels full of love.
10. The simple things that make your house a warm, loving, cozy home.
11. A person, moment, or event that helped you see things differently.
12. Opportunities to support, connect with, and be there for loved ones this year.