Reflect on Your Week:



Fill in the Blanks

Ordinary & Happy O & H

My favorite moment from the week was...

Something that went well was...

I felt at my best when...

Things that reenergized me throughout the week were...

A conversation that stuck with me was...

Someone who made my week better was...

Something I'm really grateful for is...

One thing I learned this week was...

Something I handled really well was...

Something I need to let go of before next week is...