Motivation Ideas *for the Rest of the Year*

1 Choose one main thing to focus on.	2 Celebrate a recent small win.	3 Go somewhere new for a change of scenery.	4 Read inspiring quotes.
5 Start an idea journal.	6 Frame an inspirational quote or photo.	7 Make a motivation playlist.	8 Create a cozy corner for thinking.
9 Reach out to someone you find inspiring.	10 Write down what motivates you.	11 Try to find a mentor or accountability buddy.	12 Give yourself micro-rewards for completing tasks.
13 Ask for advice from people you look up to.	14 Put encouraging post-it notes around the house.	15 Create morning and evening routines that work for you.	16 Declutter & tidy your home regularly.
17 Let go of perfectionism and get things done.	18 Reflect regularly on your progress.	19 Stay positive and look for opportunities.	20 Read some inspiring success stories.