What to Ask Yourself at the Start of the Month

Ordinary & Happy

- [ ] What I want to accomplish this month.
- [ ] Who I want to spend more time with.
- [ ] What habits I want to build.
- [ ] What I want to make more time for.
- [ ] What I want to spend less time doing.
- [ ] What I've been putting off.
- [ ] What I want to learn or try.
- [ ] What I can do to make everyday life easier.
- [ ] What areas of my life need more attention.
- [ ] What I can do to take better care of my home.
- [ ] What I want to prioritize this month.
- [ ] How I can step out of my comfort zone.
- [ ] What seasonal activities I want to plan.
- [ ] What I'm looking forward to this month.
- [ ] What micro-adventures I can plan.
- [ ] What would me feel like I succeeded at the end of the month.