Acts *of* Kindness *for* November

S	M	T	W	T	F	S
1 Use the extra hour to call and catch up with someone.	2 Get the house or loved ones some new pens or stationery.	3 Make a packed lunch for someone.	4 Bring some candy to work.	5 Share an easy, favorite recipe online.	6 Host a nachos night for friends.	7 Help someone tidy their backyard.
8 Donate a coat you don't wear anymore.	9 Share an inspiring story about someone who made a difference.	10 Check in with a loved one.	11 Thank someone for their service.	12 Get to know a coworker on your lunch break.	13 Share the kindest thing you've seen someone do online.	14 Ask someone if they'd like to run errands together.
15 Thank someone who does a lot in your community.	16 Wish a neighbor a great day.	17 Bake some bread for the house or to take to work.	18 Thank someone who works in education.	19 Donate some unopened toiletries you haven't used all year.	20 Share some fun, no-screen activity ideas for families online.	21 Say 'hello' and have a chat to someone who lives alone.
22 Tell someone why you're grateful for them.	23 Buy someone a coffee.	24 Compli-ment someone who has a unique talent.	25 Send a sweet message to someone you can't be with tomorrow.	26 En-courage everyone around the table to share what they're grateful for.	27 Share an encour-aging message to hospitality and retail workers online.	28 Go to a local store, market, or eatery.
29 Message a family member, just to check in.	30 Create a holiday countdown and put it in a family or group chat.	1	2	3 	4	5 O&H Ordinary & Happy