27th of November Planner

Ordinary & Happy

DAILY INSPIRATION

The rest of the year can be full of joy. Start today.

- **Wake-Up Song:** “Colombia, Mi Encanto” Carlos Vives (from Encanto)
- **Positive Thought:** Family traditions I’m grateful for include...
- **Grateful Mood Song:** “Mashed Potato Time” Dee Dee Sharp

MEALS IDEAS

- **Breakfast:** Green Smoothie
- **Lunch:** Leftover Turkey Sandwich or Wrap
- **Dinner:** Thanksgiving Leftovers Night or Snack Board Night

DAILY DECLUTTERING

Find one item (or more) in the living room to donate.

☐ DECLUTTERING COMPLETED

ACTIVITIES AND THINGS TO DO

- **Self-Care:** Get yourself a small gift.
- **Romantic Idea:** Get them a small gift when shopping today.
- **Kindness Idea:** Share an encouraging message to hospitality and retail workers online.
- **Doodling Idea:** Shopping cart.
- **Watercoloring Idea:** Shopping bag.

DEEP CONVERSATION

Something or someone you'll never tire of listening to.

TRY SOMETHING NEW

Go shopping somewhere new.

JOURNALING IDEAS

- **Morning:** One small thing to get for yourself today.
- **Evening:** Interesting conversation you had this week.
- **Gratitude:** How the night sky makes you feel when you look up.
- **Self-Care:** Things you already have in your home that bring you joy.
- **One-Word:** Gifts.