25th of November Planner

Ordinary & Happy

DAILY INSPIRATION

Make tomorrow not about the event, but the people you're with.

- **Wake-Up Song:** "Learn Me Right" Birdy and Mumford & Sons (from Brave)
- **Positive Thought:** A memorable compliment I received recently was...
- **Grateful Mood Song:** "You Never Can Tell" Chuck Berry

MEALS IDEAS

- **Breakfast:** Banana & Nut Butter
- **Lunch:** Greek Salad
- **Dinner:** Pasta Night

DAILY DECLUTTERING

Organize your books (donating what you want).

☐ DECLUTTERING COMPLETED

ACTIVITIES AND THINGS TO DO

- **Self-Care:** Watch a comedy show in the evening.
- **Romantic Idea:** Have a stargazing evening with hot cocoa.
- **Kindness Idea:** Send a sweet message to someone you can't be with tomorrow.
- **Doodling Idea:** Gravy boat.
- **Watercoloring Idea:** Pumpkin pie.

DEEP CONVERSATION

A past Thanksgiving you vividly remember and why.

TRY SOMETHING NEW

Pretend you're on a cooking show while cooking for Thanksgiving.

JOURNALING IDEAS

- **Morning:** People you're excited to see.
- **Evening:** A recent moment you'd love to relive.
- **Gratitude:** Great conversations you've had recently.
- **Self-Care:** What you love about each person you'll be with tomorrow.
- **One-Word:** Energy.