

October 31st Journaling & Creativity

Ordinary & Happy
O & H

MORNING

Ways you can make your home more relaxing and comfortable.

POSITIVE THOUGHT

One way I can make my home cozier is...

ONE - WORD

Goals.

INTRO - SPECTION

Lessons you've learned this month.

GRATITUDE FOR PEOPLE

Family traditions you're thankful for or want to restart.

GRATITUDE FOR PRESENT

What, right now, makes your life unique and special.

REST OF THE YEAR

What matters to you for the rest of the year.

SELF - CARE

Things you're looking forward to next month.

EVENING

Three priorities for next month.

DOODLE

Pharoah cat.

WATER - COLOR

Pumpkin to jack-o'-lantern.