

October 21st Journaling & Creativity

Ordinary & Happy
O & H

MORNING

Ways you can make your evenings more enjoyable.

**POSITIVE
THOUGHT**

A dream I'm working
toward is...

**ONE -
WORD**

Elegance.

**INTRO -
SPECTION**

Things you love about the city you live in.

**GRATITUDE
FOR PEOPLE**

A friend you don't see much these days but you're still
grateful for.

**GRATITUDE
FOR PRESENT**

What in your local community you're thankful for.

**REST OF
THE YEAR**

People to want to see before the end of the year.

SELF - CARE

Write down about your ideal vacation.

EVENING

One thing you're grateful to have learned recently.

DOODLE

Pirate parrot.

**WATER -
COLOR**

Apple salad to apple pie.