November 28th Journaling & Creativity

MORNING	Upcoming holidays and events you're excited about.
POSITIVE THOUGHT	I love that...
ONE-WORD	Fairness.
BEING PRESENT	What you can hear right now that makes you feel grounded.
GRATITUDE FOR ORDINARY	Your town or city at its most beautiful, and why.
THANKSGIVING	Everyday things you overlook that, if you stop and pause, are wonderful.
FAMILY STORIES	A time your family came together.
SELF-CARE	What makes your local area special over the holidays.
EVENING	Good choices you're proud to have made this month.
DOODLE	Necklace
WATER-COLOR	Rustic barn