November 27th Journaling & Creativity

Ordinary & Happy O & H

MORNING

One small thing to get for yourself today.

POSITIVE THOUGHT

Family traditions I'm grateful for include...

ONE-WORD

Gifts.

BEING PRESENT

Scents or aromas that have brought you joy today.

GRATITUDE FOR ORDINARY

How the night sky makes you feel when you look up.

THANKSGIVING

Someone you can't be with at Thanksgiving whom you're grateful for.

FAMILY STORIES

A journey your family took and why.

SELF-CARE

Things you already have in your home that bring you joy.

EVENING

Interesting conversation you had this week.

DOODLE

Shopping cart

WATER-COLOR

Shopping bag