November 26th Journaling & Creativity

Ordinary & Happy O & H

MORNING	Three things you're grateful for today.
POSITIVE THOUGHT	My favorite thing about today was...
ONE-WORD	Thanksgiving.
BEING PRESENT	What you love about the people you're with, or have spent time with, today.
GRATITUDE FOR ORDINARY	The often-overlooked work of others that makes your neighborhood tick.
THANKSGIVING	One thing you love about each person you're with today.
FAMILY STORIES	A memorable Thanksgiving.
SELF-CARE	Unspoken, everyday things you're grateful for.
EVENING	Things that have been inspiring you lately.
DOODLE	Pumpkin pie (slice)
WATER-COLOR	Thanksgiving' word art