November 22nd Journaling & Creativity

Ordinary & Happy O & H

MORNING

Things you're looking forward to next week.

POSITIVE THOUGHT

Something that made me smile this weekend was...

ONE-WORD

Sparkle.

BEING PRESENT

Vivid and beautiful memories that you associate with certain songs.

GRATITUDE FOR ORDINARY

Things you're looking forward to before the year ends.

THANKSGIVING

Sights you're grateful for at Thanksgiving.

FAMILY STORIES

A quiet hero of your family and why.

SELF-CARE

Who in your life do you appreciate and why.

EVENING

The highlights of the past week.

DOODLE

Cozy armchair

WATER-COLOR

Persimmon