November 11th Journaling & Creativity

Ordinary & Happy O & H

MORNING

Weekend trips you could go on.

POSITIVE THOUGHT

I deserve good things like...

ONE-WORD

Discovery.

BEING PRESENT

What you love about the room you're in right now.

GRATITUDE FOR ORDINARY

Tools or objects that make life easier.

THANKSGIVING

Places you can find community.

FAMILY STORIES

Acts of generosity your family regularly did.

SELF-CARE

Write about a profession you admire and the sacrifices they make.

EVENING

Beautiful things you noticed today.

DOODLE

Yarn

WATER-COLOR

Whimsical door