

October Journaling for Loving Halloween Again

S	M	T	W	T	F	S
27  Ordinary & Happy	28 	29 	30 	1 Fond childhood memories of Halloween.	2 Favorite Halloween traditions you used to do/still do.	3 Simple crafts you could do for Halloween.
4 Your favorite DIY craft from a past Halloween.	5 How you feel when you see someone's house decorated.	6 Movies that remind you of Halloween.	7 Books that remind you of Halloween.	8 How Halloween encourages you to be more creative.	9 Memories of trick or treating.	10 Ways Halloween allows you to connect with your playful side.
11 Memories of a past Halloween party you enjoyed.	12 Ways Halloween can allow you to connect with your family.	13 Low-key ways you could celebrate Halloween without too much planning.	14 Smells that remind you of Halloween.	15 Halloween traditions you'd like to start again.	16 Memories of excitement preparing for Halloween.	17 How Halloween brought you closer to family.
18 How you feel going for an evening walk on Halloween.	19 What a fun Halloween watch party could look like.	20 Funny memories of past Halloweens.	21 Something simple you could do to your house for Halloween.	22 Your favorite Halloween TV show scene or episode.	23 Your favorite Halloween costumes you've seen.	24 How reconnecting with Halloween could bring you joy.
25 How Halloween can bring out the storyteller in you.	26 Online meetups you could organize for Halloween.	27 Where you could go to get out of the house for Halloween.	28 How Halloween reminds you of family.	29 Draw designs for a pumpkin carving or painting.	30 Someone you could call today to reminisce about Halloween.	31 Your favorite Halloween costume you've worn.