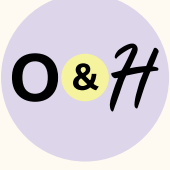


October Lunches

S	M	T	W	T	F	S
27  Ordinary & Happy	28	29 	30	1 Ham and Cheese Wrap	2 Caprese Salad	3 Roasted Tomato Soup
4 Burrata Tomato Salad	5 Grilled Chicken Salad	6 Mediterranean Chopped Salad	7 Chicken Salad Sandwich	8 Greek Salad	9 Quinoa Salad with Avocado	10 Pesto Chicken Bagel Sandwich
11 Slice of Frittata with Salad	12 Halloumi Wrap with Roasted Peppers	13 White Bean Salad with Bacon	14 Romaine Salad with Feta	15 Chicken Salad Wrap	16 Cranberry Pecan Salad with Avocado	17 Avocado, Tomato, and Mozzarella Salad
18 Shakshuka with Toast	19 Ham and Cheese Sandwich	20 Hummus Sandwich	21 Smoked Salmon Burrata Sandwich	22 Salami Bagel Sandwich	23 Smoked Salmon Wrap	24 Veggie Wrap
25 Chicken Avocado Wrap	26 Smoked Salmon Rice Bowl	27 Shrimp Tacos	28 Tomato Feta Salad	29 Yogurt Parfait	30 Egg Salad Sandwich	31 Fall Harvest Salad