



October

Ordinary & Happy
O & H

Decluttering Ideas

S	M	T	W	T	F	S
<i>1st-3rd</i> A Good Start to The Month <i>4th-10th</i> The Clutter Culprits Week <i>11th-17th</i> The Free Zone Week <i>18th-24th</i> Miscellaneous Week <i>25th-31st</i> The Numbers Week				1 Set up a donation box to add to throughout the month.	2 Do 15 minutes of surface decluttering and organizing in the living room (e.g., coffee table, TV stand).	3 Pick your favorite area of the house and declutter it for 15-30 minutes.
4 Set a timer for 30 min and sort paperwork into 3 piles: shred, recycle, and organize.	5 Go through your digital files and delete what you don't need for 30 minutes.	6 Set a 30-min timer and declutter your toiletries.	7 Declutter cleaning supplies for 30 min.	8 Set a timer and declutter the kitchen utensils for 30 min.	9 Sort cables and other electronic accessories into 3 piles: toss/recycle, donate, organize.	10 Declutter your linens (e.g., towels, bedding) for 30 min.
11 Make a list of 6 areas you want to declutter this week (e.g., rooms, drawers, categories).	12 Declutter zone 1 for 15-30 min.	13 Declutter zone 2 for 15-30 min.	14 Declutter zone 3 for 15-30 min.	15 Declutter zone 4 for 15-30 min.	16 Declutter zone 5 for 15-30 min.	17 Declutter zone 6 for 15-30 min.
18 Organize sentimental items by category (e.g., cards, photos, souvenirs).	19 Declutter hobby/craft supplies for 15-30 min.	20 De-clutter and organize the entryway for 15-30 min.	21 Toss expired items from the fridge.	22 Toss expired items from the pantry.	23 Go through old Halloween (or holiday) decorations & only keep what you plan to use.	24 Donate old Halloween (or holiday) costumes you don't want or need to keep.
25 Find 3 pieces of clothing to donate.	26 Find 1 broken item to toss or donate	27 Find 1 old item (e.g., old shoes, old blanket) to donate or toss.	28 Find 1 empty container to toss/recycle.	29 Find 3 items out of season to store away.	30 Toss or donate 1 thing you kept just in case years ago and never needed.	31 Find 1 item to toss, 1 item to recycle, 1 item to donate, and 1 item to relocate.