

September 28th Journaling & Creativity

Ordinary & Happy
O & H

MORNING

One thing to achieve this week.

**POSITIVE
THOUGHT**

Next month, I'm looking forward to...

ONE - WORD

Openness.

GRATITUDE

Quirks about your home you've learned to love.

CONNECTION

Simple things to do every day to connect with friends.

NATURE

The tallest thing you can see and the smallest thing.

SELF - CARE

Things you loved about this month.

EVENING

Something you realized this month.

DOODLE

Key.

**WATER -
COLOR**

Flannel shirt.