

September 27th Journaling & Creativity

Ordinary & Happy
O & H

MORNING

Something kind you can do for yourself.

**POSITIVE
THOUGHT**

Something I love about my city/town is...

ONE - WORD

Stability.

GRATITUDE

How your relationship with your home has changed.

CONNECTION

Milestones or events to celebrate for the year.

NATURE

Shapes of the parts of nearby nature that light is accentuating.

SELF - CARE

Small cozy gifts you could get yourself (e.g., fluffy socks).

EVENING

New hobbies you really want to try.

DOODLE

Grapes.

**WATER -
COLOR**

Football.