

September 17th Journaling & Creativity

Ordinary & Happy
O & H

MORNING

Describe what you want today to look like.

POSITIVE
THOUGHT

My greatest inspiration is...

ONE - WORD

Legacy.

GRATITUDE

Personal mementos you've used as decor.

CONNECTION

Gestures and activities that make you feel loved.

NATURE

Parts of nearby nature that feel still and parts that feel alive.

SELF - CARE

Something that always makes you feel happy.

EVENING

Someone you look up to and why.

DOODLE

Paper airplane.

WATER -
COLOR

Sapphire.