

September 16th Journaling & Creativity

Ordinary & Happy
O & H

MORNING

Three things you appreciate about your home.

**POSITIVE
THOUGHT**

I'm grateful for the lesson I learned when...

ONE - WORD

Wonder.

GRATITUDE

What the art in your home means to you.

CONNECTION

What your love language is.

NATURE

What is the texture of the sky and how does it make you feel.

SELF - CARE

Small accomplishments this month so far.

EVENING

A good idea you had today.

DOODLE

Window.

**WATER -
COLOR**

Scales.