

September 14th Journaling & Creativity

Ordinary & Happy
O & H

MORNING

One thing to do to work on your top goal.

**POSITIVE
THOUGHT**

Three things I'm grateful for this year are...

ONE - WORD

Abundance.

GRATITUDE

Something you've created or built yourself.

CONNECTION

Shared experiences you'd love to create with someone.

NATURE

The most colorful parts of nearby nature you can see and what they are.

SELF - CARE

Three things that make you wonderful.

EVENING

Describe today's highlight.

DOODLE

Stack of board games.

**WATER -
COLOR**

Pencil.