

September 8th Journaling & Creativity

Ordinary & Happy
O & H

MORNING

One person to reconnect with today.

**POSITIVE
THOUGHT**

One way I helped someone is...

ONE - WORD

Intuition.

GRATITUDE

What your 'home' means to you.

CONNECTION

Local meet-ups you could go to.

NATURE

The most interesting thing you can see in the landscape and what draws you to it.

SELF - CARE

A fall tradition you could start that would make you happy.

EVENING

How you improved today.

DOODLE

Fireflies in a jar.

**WATER -
COLOR**

Rain.