

September 6th Journaling & Creativity

Ordinary & Happy
O & H

MORNING

One memorable activity to do today.

**POSITIVE
THOUGHT**

The funniest thing that happened this week was...

ONE - WORD

Learning.

GRATITUDE

How your home changes with the season for the better.

CONNECTION

Simple catch-ups you could organize with friends.

NATURE

Shapes that are repeated in the nature around you.

SELF - CARE

What the perfect fall day looks like to you.

EVENING

People you're grateful for today.

DOODLE

Mushrooms.

**WATER -
COLOR**

Umbrella.