

September Dinners

S	M	T	W	T	F	S
30 	31	1 Pesto Chicken Wraps	2 Mushroom Soup	3 Grilled Chicken & Greek Salad	4 Roast Chicken Thighs & Veggies	5 Broccolini Frittata
6 Stuffed Eggplant	7 Burgers (for Labor Day)	8 Spanish Chorizo Pasta	9 Roasted Vegetable Salad & Grilled Chicken	10 Bagel with Salami or Smoked Salmon	11 Crispy Fish Burger	12 Broccoli Cheddar Soup
13 Chicken Souvlaki	14 Roasted Broccoli Pesto Pasta	15 Cobb Salad	16 Baked Salmon and Veggies	17 Sun-Dried Tomato Risotto	18 Turkey Burger	19 Ratatouille
20 Pancetta & Artichoke Pasta	21 Fall Harvest Salad	22 Chicken Tacos	23 Quinoa Salad with Grilled Chicken	24 Salmon and Orzo with Pesto and Mushrooms	25 Crispy Chicken Burger	26 Salmon Tacos
27 Spinach Frittata	28 Chicken Vesuvio	29 Greek Meatballs	30 Eggplant Feta Wrap	1 	2 	3 