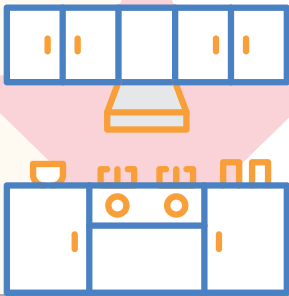
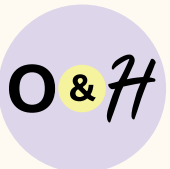


30-Day Kitchen Deep Clean

Ideas for September

S	M	T	W	T	F	S
30 	31	1 Throw out expired food.	2 Clean the fridge, wiping down the shelves and drawers.	3 Re-organize the fridge sections in a way that works for you.	4 Get fridge containers/organizers if needed.	5 Get a fridge deodorizer/freshener.
6 Tidy and organize the spice cabinet or shelf.	7 Tidy and organize the canned goods.	8 Deep clean the pantry, organizing it into sections.	9 Get more storage containers to organize the pantry.	10 Come up with an under-the-sink storage system.	11 Create a coffee/tea section.	12 Get a recipe folder or binder for your printed recipes.
13 Deep clean the oven.	14 Deep clean the air fryer.	15 Replace old kitchen towels with fresh ones.	16 Re-organize your countertop space.	17 Clean all the remaining small appliances (including descaling).	18 Re-organize the utensil drawer.	19 Replace the vent/hood filters.
20 Clean or replace the water filter and/or ice maker filter.	21 Wipe down light fixtures (and replace light bulbs if needed).	22 Deep clean the window sills and frames.	23 Wipe the tile grout/deep clean the backsplash.	24 Clean the bread box and any storage containers.	25 Check smoke detector etc.	26 Organize your reusable grocery bags (wash if necessary).
27 Clean inside the kitchen cabinets and polish the outside.	28 Defrost freezer (if needed).	29 Shake out and refill the flour, sugar, and other such containers.	30 Do a quick regular kitchen clean to fully reset the rest of the kitchen.	1	2	3  Ordinary & Happy