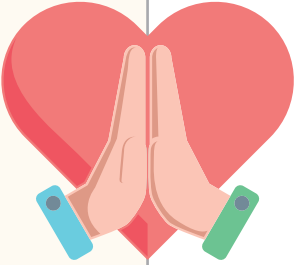


September Gratitude Journaling

ABOUT HOME COMFORTS

S	M	T	W	T	F	S
30 	31	1 Your favorite cozy corner or space and why.	2 Scents that bring you comfort.	3 What makes your home unique to you.	4 Family dinners and get-togethers you cherish.	5 Your favorite sounds at home.
6 How your home changes with the season for the better.	7 Morning or evening routines you do from home.	8 What your 'home' means to you.	9 Your favorite piece of furniture and why.	10 Plants that bring you joy at home.	11 Memories of dishes and foods you've cooked.	12 Simple luxuries you can enjoy from home.
13 Traditions you've started in your home.	14 Something you've created or built yourself.	15 Household items that are simple but bring you joy.	16 What the art in your home means to you.	17 Personal mementos you've used as decor.	18 Your favorite textures in your home.	19 Ways your home is cozy.
20 What you look forward to most about returning home.	21 Things you overlook at home but are glad you have.	22 Tasks or chores that are meditative.	23 What your home has taught you about yourself.	24 Ways the outdoor areas of your home have brought you joy.	25 Milestones you've celebrated at home.	26 Hobbies and activities your home has facilitated.
27 How your relationship with your home has changed.	28 Quirks about your home you've learned to love.	29 The quietest times in your home.	30 How your bed makes you feel after a long day.	1	2	3 