

Week 3 August Decluttering

THE CATEGORY CHALLENGE

Ordinary & Happy
O & H

SUN	16	Declutter your shoes for 15 minutes. Sort the shoes into five piles: 1) shoes you wear regularly (keep them in an easily accessible spot like the entryway), 2) special occasion shoes (keep them in a closet), 3) off-season shoes (store them), 4) worn out or damaged shoes (toss them), 5) shoes you haven't worn in a year and don't plan to (donate them).	☐
MON	17	Declutter office or school supplies. Check all the pens and toss the ones that don't write anymore. Consolidate any half-used supplies. Sort any loose papers into 1) keep and organize 2) shred and 3) recycle. Organize important documents and loose papers you're keeping in binders with sheet protectors. Donate office or school supplies you no longer need.	☐
TUE	18	Declutter craft and hobby supplies. If you have many craft and hobby supplies, pick one category at a time (e.g., paint, scrapbooking supplies, yarn). Toss anything broken or unusable. Donate extra items you don't plan on using. Organize everything in labeled boxes so you know where everything is.	☐
WED	19	Declutter sports and outdoor gear. Toss broken items that can't be repaired. Donate any items you no longer need. Store any seasonal gear in labeled boxes/bins to easily find later. An easy decluttering win in this category is gear that you or your kid may have outgrown.	☐
THU	20	Focus on accessories today. If you have lots of accessories, declutter one category at a time and set a timer for how much time you want to allocate today. Look for any accessories (e.g., jewelry, scarves, belts, hats, bags). Donate items you no longer want or need. Get organization items for each category (e.g. jewelry box, scarf organizer, hat rack, bag storage organizer) to keep everything neatly arranged and easily accessible.	☐
FRI	21	Declutter your closet for 30 minutes. Closet decluttering is a big task so it's great if you do just 30 minutes on it from time to time. Before you know it, you'll be done organizing it. For today's 30 minutes, just pick one section and sort items in that section into piles: 1) toss, 2) donate, 3) store (off-season items), and 4) keep (arrange neatly and return to the closet).	☐
SAT	22	Continue decluttering your closet for 30 minutes. Today, continue the closet decluttering with a different section. If you have lots of items to donate after 2 days of closet decluttering, you could also drop off donations today or just take them to your car or by the entryway to drop them off during the week when you're running errands.	☐