

September 1st Journaling & Creativity

Ordinary & Happy
O & H

MORNING

Your top goal for this month and why.

**POSITIVE
THOUGHT**

This month, I'm looking forward to...

ONE - WORD

Love.

GRATITUDE

Your favorite cozy corner or space and why.

CONNECTION

People you're grateful for and why.

NATURE

Patterns you can see in any nearby nature.

SELF - CARE

Things to do for your self-care this month.

EVENING

How the first day of September went.

DOODLE

Book.

**WATER -
COLOR**

Apple with leaves.