

August 31st Journaling & Creativity

Ordinary & Happy
O & H

MORNING

Things you're looking forward to in the fall.

**POSITIVE
THOUGHT**

I'm grateful for my
ability to...

**ONE
WORD**

Memories.

GRATITUDE

Things you're looking forward to next month.

COURAGE

Your biggest dream and why.

FUTURE

Describe your ideal world.

**SUCCESS IN
YOUR CAREER**

Three goals you want to set for next month.

SELF-CARE

Your favorite ordinary, everyday moment from this summer.

EVENING

Top three things to look forward to next month.

DOODLE

Postcard.

**WATER -
COLOR**

Wildflower bouquet.