

August 13th Journaling & Creativity

Ordinary & Happy
O & H

MORNING

One way to live more fully today.

POSITIVE
THOUGHT

I'm thankful I have...

ONE
WORD

Connection.

GRATITUDE

A movie that inspires you.

COURAGE

Inspiration quotes you like about courage.

FUTURE

Describe the person you'd want to be in 5 years.

SUCCESS IN
YOUR CAREER

People that make you feel supported.

SELF-CARE

Your favorite photos on your phone of summer so far.

EVENING

Something that inspired you today.

DOODLE

Airplane.

WATER -
COLOR

Festival lantern.