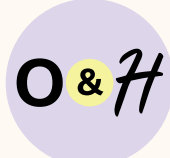


Lunches *for July*

S	M	T	W	T	F	S
28 	29 	30	1 	2 	3 	4 
			Italian Deli Panini	Pepper & Egg Sandwich	Smoked Salmon Wraps	Cobb Salad
5 	6 	7 	8 	9 	10 	11 
Halloumi Wrap	Pesto Pasta Salad	Avocado Toast with Halloumi	Grilled Chicken Salad	Egg & Potato Omelet	Gazpacho (Cold Tomato Soup)	Fig and Goat Cheese Flatbread
12 	13 	14 	15 	16 Air-Fryer or Grilled Veggies with Burrata and Pesto 	17 	18 
Menemen (Scrambled Eggs with Tomatoes)	Phyllo Dough Cheese Pie	White Bean Soup	Caprese Salad (Tomatoes, Mozzarella, and Basil)		Fried Halloumi with a Side Salad	Serrano Ham Sandwich
19 	20 	21 	22 	23 	24 	25 
Hummus and Veggie Wrap	Turkey Avocado Wrap	BLT Bagel Sandwich with Avocado	Tomato Burrata Salad	Club Sandwich	Lemon Shrimp Salad	Cheese Crisp (Tortilla Pizza)
26 	27 	28 	29 	30 	31 	1 
Cheese-Stuffed Burger	Watermelon on Halloumi or Feta Salad	Chicken and Mozzarella Panini	Caprese Panini	Ground Beef Quesadilla	Steak Panini	Ordinary & Happy