

A Week of Decluttering

(for July 5th-11th)

Ordinary & Happy
O & H

S U N	5	Sort through your picnic supplies and cooler bags. Empty all your coolers, picnic baskets, and insulated bags. Clean them well and toss/recycle damaged items. Organize them ready to go for your next picnic.	☐
M O N	6	Put away 4th of July decorations. Take down the indoor and outdoor decorations. Repair or toss anything that's broken. Donate the ones you don't think you'll use again. Store everything else in labeled storage bins for next year.	☐
T U E	7	Sort through and organize the cleaning supplies. Toss/recycle any empty bottles, worn-out sponges, and other old cleaning supplies. Combine duplicates of the same item. Group the cleaning supplies by type or purpose (e.g., bathroom, kitchen, floors).	☐
W E D	8	Sort through and organize the laundry supplies. Toss/recycle empty bottles, boxes, or containers. Consolidate duplicate items. Check expiration dates. Tidy the laundry shelf, cabinet, or area before organizing the laundry supplies by type/category.	☐
T H U	9	Declutter any wall calendars, magnets, bulletin boards, and post-it notes. Toss/recycle any outdated calendars and old post-it notes. If you have fridge magnets or bulletin board magnets, sort through them and consider whether to donate or recycle any of them.	☐
F R I	10	Declutter the messiest drawer you have in the house. Empty the entire drawer and sort through it. Create five little piles: toss, recycle, donate, relocate, return. Before you return the items you decided to keep in the drawer, wipe it and try to come up with an organizational system. You could use small containers or drawer dividers to keep things neatly organized.	☐
S A T	11	Walk through the house and pick three items you want to donate. This should be a quick decluttering challenge. Don't overthink it. Start with the easy wins: clothes you haven't worn in over a year, books you'll never read again, duplicate kitchen items, home decor you don't like anymore, extra blankets, and holiday decorations you no longer display.	☐