

Decluttering Week 3

July 12-18

Ordinary & Happy
O & H

SUN	12	Go through all your cooking utensils and donate ones you don't use. You can pull all your utensils out from the drawers or utensil holder and ask yourself what you've used in the last year. If you haven't used it, ask yourself if you really need it. It may be duplicate utensils like extra spatulas or novelty ones like avocado slicers.	☐
MON	13	Go through your books and find 3 to donate. Look through your bookshelves for books you've already read and won't reread, duplicates, and books you'll never read. You can take them to a library donation bin, a used bookstore, or a community library.	☐
TUE	14	Choose any space in the home and declutter for 15 minutes. Set a timer for 15 minutes and stop when you run out of time. You can pick a small area like one drawer, the top of a dresser, or one shelf. Sort everything into four piles: toss/recycle, donate, relocate, and keep.	☐
WED	15	Declutter suitcases and travel accessories. Open every suitcase and travel bag and make sure they're empty. Look through your travel accessories and consider if you need all of them. Check for expired travel-size toiletries.	☐
THU	16	Go through your closet and pick 3+ clothing items to donate. Start with the easy wins here and find clothes that don't fit anymore, clothes you don't like anymore, or worn-out clothing.	☐
FRI	17	Go through your accessories and pick 3+ accessories to donate. Look through accessories like belts, scarves, bags, hats, and sunglasses. The easy wins here are the duplicates.	☐
SAT	18	Set a timer for 30 minutes and declutter the space that bothers you the most. Before picking the place, ask yourself why it bothers you so much (e.g., too much stuff, no logical system for organizing items). This way you'll have a starting point for the next 30 minutes. Sort everything into four piles: toss/recycle, donate, relocate, and keep. Try to fix what you disliked about the space (e.g., make sure there's not too much stuff there, implement a logical system for organizing the items).	☐