

August *15-Minute Daily* Deep Cleaning *Ideas*

	S	M	T	W	T	F	S
2 L A S T S	30 Spot clean the front door.	31 Clean the doormats by the entryway.	28  Ordinary & Happy	29 	30	31 	1 Clean the baseboard in the living room.
	2 Vacuum under the couch cushions and under the furniture.	3 Dust the ceiling fan blades.	4 Wipe down door handles and light switches.	5 Spot clean the walls in the living room.	6 Polish any wood furniture in the living room.	7 Wipe down window sills and tracks in the living room.	8 Fluff and rotate the cushions in the living room.
	9 Dust behind the TV & entertainment center.	10 Clean-upholstered furniture using a steam cleaner or fabric cleaner.	11 Clean inside the microwave.	12 Wipe down the kitchen cabinet doors.	13 Deep clean the kitchen sink and drain.	14 Clean the oven door glass.	15 Clean and organize the spice shelf.
	16 Clean the dishwasher.	17 Deep clean the bed frame and headboard.	18 Spot clean the walls in the bedrooms.	19 Flip and rotate the mattress.	20 Vacuum the mattress and under the bed.	21 Wipe down window sills and tracks in the bedrooms.	22 Clean the nightstands.
	23 Spot clean area rugs or carpets in the bedrooms.	24 Dust frames and artwork.	25 Clean the air vents.	26 Scrub the grout in the bathroom.	27 Deep clean the toilet base.	28 Scrub the shower head.	29 Run a cleaning cycle on the laundry machine.