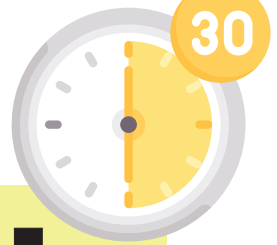


Ordinary & Happy
O & H

30-Minute



Weekend Reset

1 Make your bed.	2 Start a load of laundry.	3 Empty the dishwasher.
4 Clear and wipe the kitchen counters.	5 Wipe the bathroom sink and mirror.	6 Change the bathroom towels.
7 Take 10 minutes to put away things that are out of place.	8 Write next week's grocery list.	9 Check your calendar for the week ahead.