

9th of July *Planner*

Ordinary & *Happy*

INSPIRATION FOR THE DAY

Just like a bird of paradise, show your true beauty.

- **Wake-Up Song:** "A Little Less Conversation" Elvis Presley
- **Positive Thought:** The best thing that happened this year was...

MEALS TO MAKE

- **Breakfast:** Bagel with Cream Cheese
- **Lunch:** Egg & Potato Omelet
- **Dinner:** Tomato Soup with Grilled Cheese

DECLUTTERING IDEAS

- **Decluttering:** Declutter any wall calendars, magnets, bulletin boards, and post-it notes.
- **Digital Decluttering:** Continue phone photo organization for 15 minutes.

ACTIVITIES AND THINGS TO DO

- **Simple Fun:** Go for a scenic sunset walk.
- **Self-Care:** Have a bubble bath.
- **Romantic Idea:** Give each other sweet greeting cards (just because).
- **Sweet Gesture:** Quote a line from their favorite movie.
- **Doodling Idea:** Bird feeder,
- **Watercoloring Idea:** Plums.

DEEP TALK

Whether summer love feels different to other seasons.

ALL-DAY JOURNALING

- **Morning:** One wonderful thing that happened last month.
- **Evening:** The most important three things in your life.
- **Gratitude:** A peaceful moment you've enjoyed recently.
- **Self-Care:** What colors outside, right now, make you happy.
- **One-Word:** Family.