

# July 8th Journaling & Creativity

Ordinary & Happy  
O & H

**MORNING**

Three adventurous things you'd love to try one day.

**POSITIVE  
THOUGHT**

I'm looking forward to...

**ONE  
WORD**

Creativity.

**GRATITUDE**

A mentor or someone who made a lasting impact in your life.

**ABOUT THE  
FUTURE**

What you'd try if you knew you couldn't fail.

**MEMORIES**

Something that changed how you view the world.

**SUCCESS**

Imagine you're already very successful and describe an ideal day.

**SELF-CARE**

Describe the feeling of sunshine, wind, and rain on your skin and what you'd want more of.

**EVENING**

Three things you love about yourself.

**DOODLE**

Slice of blueberry pie.

**WATER -  
COLOR**

A colorful feather.