

# July 7th Journaling & Creativity

Ordinary & Happy  
O & H

**MORNING**

Things you'd do today if you knew you couldn't fail.

**POSITIVE  
THOUGHT**

I'm lucky to have...

**ONE  
WORD**

Nature.

**GRATITUDE**

Something about your home that you're grateful for.

**ABOUT THE  
FUTURE**

Things you'd love to experience in the next decade.

**MEMORIES**

A time you learned an important lesson.

**SUCCESS**

Identify 3 things you deeply value that must be part of your success.

**SELF-CARE**

Flower scents or aromas that make you happy.

**EVENING**

Three best things that happened to you today.

**DOODLE**

Dog jumping on a sprinkler.

**WATER-COLOR**

Evening sky.