

July 6th Journaling & Creativity

Ordinary & Happy
O & H

MORNING

If you could have any career for a year, what it would be.

**POSITIVE
THOUGHT**

One thing that made me smile today was...

**ONE
WORD**

Explore.

GRATITUDE

Your favorite memory from a past vacation.

**ABOUT THE
FUTURE**

Ways you can start showing up as the person you want to become.

MEMORIES

The happiest moment in your life so far.

SUCCESS

Describe (in detail) how you feel when you succeed at something.

SELF-CARE

An outdoor place that feels like 'home' when you visit.

EVENING

Three things that always brighten up your mood.

DOODLE

Backyard grill.

WATER-COLOR

Tomatoes on the vine.