

'Don't Let Another Summer Go By'

Challenge

DAY 1



Have a picnic in a park

The image shows two overlapping worksheets. The top worksheet is titled 'Picnic Food Ideas' and is categorized by 'Ordinary & Happy'. It lists various food items under four categories: CHACUTERIE, DIPS, SANDWICHES, and CLASSY. The bottom worksheet is titled 'Fun Picnic Activities' and is also categorized by 'Ordinary & Happy'. It lists various activities under three categories: SMALL GROUP, B.Y.O.U.R.S., and a general list of activities.

Picnic Food Ideas

Ordinary & Happy

- CHACUTERIE**
 - Hummus & Pita Chips
 - Salsa & Tortilla Chips
 - Guacamole
 - Baguettes
 - Croissants
 - Cut-Up Fresh Fruit
 - Cut-Up Fresh Veggies
 - Assortment of Cheeses
 - Cured Meats
 - Pretzels
 - Smoked Salmon & Cream Cheese
 - Olives
 - Nuts
- DIPS**
 - 7-Layer Bean Dip
 - Smoked Salmon Dip
 - Baba Ganoush
 - Salsa Verde
 - Black Bean Dip
 - French Onion Dip
 - Ranch Dip
 - Mango Salsa
 - Taco Dip
 - Olive Tapenade
- SANDWICHES**
 - Chicken Sandwich
 - Caprese Pesto Sandwich
 - Egg Salad Sandwich
 - Banh Mi
 - Falafel Sandwich
 - Grilled Sandwich
- CLASSY**
 - Quiche Lorraine
 - Green Goddess Sandwich
 - Lobster Rolls
 - Italian Sandwiches
 - Tzatziki & Pita
 - Baklava
- LARGE GROUPS**
 - Ricotta and Spinach Puffs
 - Lemon Herb Pasta Salad
 - Chickpea Salad
 - Greek Salad
 - Potato Salad
 - Avocado Corn Salad
 - Party Pinwheels
 - Sausage Rolls / Kolaches
 - Spanakopita
 - Fruit Salad
 - Hot Dogs
 - Hamburgers
 - Popcorn
 - Chicken Wings
 - Scotch Eggs
- VEGAN**
 - Salad in a Jar
 - Vegan Grillable Veggie Burger
 - Jackfruit Sandwich
 - Vegetable Samosas
 - Grilled Vegetable Platter
 - Vegan Spring Rolls with Peanut Sauce

Fun Picnic Activities

Ordinary & Happy

- SMALL GROUP**
 - Play UNO.
 - Play Giant Jenga.
 - Have a hula hoop contest.
 - Play dominoes.
 - Play chess or checkers.
 - Play tic-tac-toe.
 - Have storytelling time.
 - Play ukulele or acoustic guitar.
 - Make s'mores (if possible).
 - Have an impromptu open mic.
- B.Y.O.U.R.S.**
 - Read a book.
 - Watch the clouds.
 - Paint the scenery.
 - Watch the sunset.
 - Listen to music (with headphones).
 - Journal.
- General activities:
 - Ball (with a portable net).
 - Challenge.
 - Game.
 - Games.

Simple: Pack simple sandwiches or leftovers and a chilled drink in a cooler with a blanket. Go to a nearby park, or the backyard if you don't have much time. Take a book or a conversation game.

More Time: Look for scenic spots or beaches you could drive to. If there are picnic tables, even better. Use our picnic foods and picnic essentials checklists to give you plenty of ideas for what to pack. Go at sunset for some beautiful photography opportunities.