

June Journaling & Creativity

DAY 6 OF 30

Ordinary & Happy
O & H

MORNING

Something fun to do this weekend.

POSITIVE
THOUGHT

Something I won't take for granted this summer is...

ONE
WORD

Stargazing.

GRATITUDE

Something you've done that you're proud of.

BUILD
CONFIDENCE

Traits you believe make someone confident.

OVERCOME
PERFECTIONISM

A recent setback & list learning opportunities from it.

SELF-CARE

Something you want to let go of.

EVENING

Describe your ideal summer day.

DOODLE

Seashell.

WATER-
COLOR

Camping tent.