

# June Journaling & Creativity

DAY 30 OF 30

Ordinary & Happy  
O & H

MORNING

Ways to make the rest of the year count.

POSITIVE  
THOUGHT

So far, summer has been wonderful because...

ONE WORD

Beach.

GRATITUDE

The best thing that happened in June.

BUILD  
CONFIDENCE

Lessons you've learned this month to apply next month.

OVERCOME  
PERFECTIONISM

A time you did something spontaneous and why it was good.

SELF-CARE

What you loved about this month.

EVENING

One thing you're looking forward to next month.

DOODLE

Turtle.

WATER-  
COLOR

Stargazing telescope.