

DAY 6

Ordinary & Happy
O & H

June DECLUTTERING



The 'Annoying Area'

Pick the visible area that's been bothering you the most. It could be the bedroom chair where clothes have been piling up, the entryway that looks visually cluttered, the dining table that's been used as a storage surface or work desk, the bathroom counter that has too many toiletries on it, or any other area that comes to mind.

Set a 20-minute timer, and declutter what you can in that time. Stop when the timer ends. Try to focus on the big wins, such as tossing/recycling/donating items that you don't need or relocating items that belong elsewhere.

DECLUTTERING COMPLETED