
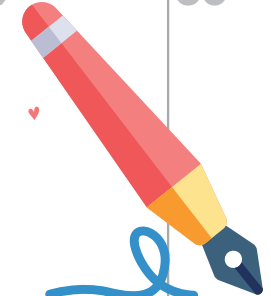



One-Word Journaling for July

S	M	T	W	T	F	S
28 	29 	30	1 Play	2 Memory	3 Celebra- tion	4 Friends
5 Surprise	6 Explore	7 Nature	8 Creativity	9 Family	10 Excite- ment	11 Energy
12 Conne- tion	13 Calm	14 Wonder	15 Curiosity	16 Joy	17 Hope	18 Optimism
19 Confidence	20 Comfort	21 Belonging	22 Fulfillment	23 Success	24 Courage	25 Trust
26 Openness	27 Reflection	28 Balance	29 Progress	30 Generosity	31 Affection	1  Ordinary & Happy