
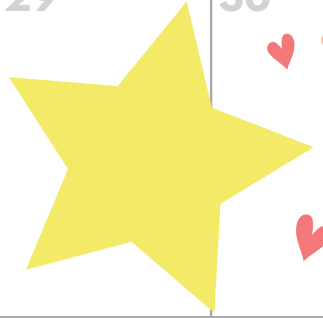

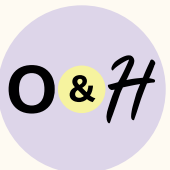


July Journaling *for Success*

S	M	T	W	T	F	S
28 	29 	30 	1 What success looks like to you.	2 Describe what success looks like in your career.	3 Describe what success looks like in your personal life.	4 When was the last time you felt successful and why.
5 Things you're grateful for so far.	6 Describe (in detail) how you feel when you succeed at something.	7 Identify 3 things you deeply value that must be part of your success.	8 Imagine you're already successful and describe an ideal day.	9 Who your friends are in this ideal vision of the future.	10 Where you would live if you were very successful.	11 Habits that are holding you back.
12 Thoughts that are holding you back.	13 Things in your environment that are holding you back.	14 Any other things that are holding you back.	15 Easy things you could change to become more successful.	16 Obstacles in your path that would be more difficult to overcome.	17 First steps to take to overcome these obstacles.	18 Long-term plan for overcoming obstacles.
19 What motivates you to keep going when things are hard.	20 Activities to do that inspire you.	21 People to be around to inspire you.	22 Self-care ideas that reenergize you.	23 Daily habits to try to achieve success.	24 Skills you'd have to work on.	25 What you'd do differently today if you didn't have a fear of failure.
26 What you'd do differently this year if you didn't have a fear of failure.	27 What kind of legacy you want to leave (in your personal life).	28 What kind of legacy you want to leave (in your career).	29 What other things are part of the legacy you want to leave.	30 How your image of success has changed over the past month.	31 Achievements you're proud of so far.	1  Ordinary & Happy