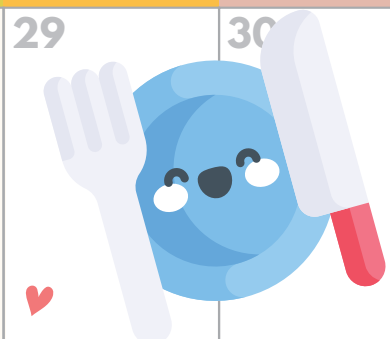



July Dinner Ideas

S	M	T	W	T	F	S
28	29	30	1	2	3	4
			Shrimp Tacos	Creamy Pasta with Pancetta and Marinated Artichokes	Grilled Chicken with Avocado and Tomato Salad	Burgers with Fries and Salad
5	6	7	8	9	10	11
Grilled Chicken with Pesto Pasta	White Bean Salad with Flatbreads	Salmon Tacos	Shrimp Pasta Salad	Tomato Soup with Grilled Cheese	Steak with Crispy Potatoes	Chicken Skewers with Rice and Salad
12	13	14	15	16	17	18
Lamb Burger with Fries and Salad	Grilled Chicken with Romaine Salad	Smoked Salmon Rice Bowl	BBQ Chicken with Mac and Cheese	Panko Chicken Sandwich	Hot Dogs with Assorted Toppings	Steak Salad
19	20	21	22	23	24	25
Spanish Tapas Night	Pesto Gnocchi with Blistered Tomatoes	Chicken Tacos	Grilled Sausages with Peppers and Onions	BBQ Chicken Salad	Pizza and Salad	Meatballs with Rice and Veggies
26	27	28	29	30	31	1
Grilled Salmon Salad	Rotisserie Chicken with Potatoes and Veggies	Pork Skewers with Salad	Grilled Chicken with Corn Salad	Pasta with Roasted Pepper Sauce and Burrata	Sushi Night	 Ordinary & Happy