


Deep Conversations

for July

S	M	T	W	T	F	S
28	29	30	1	2	3	4
			A summer that changed you.	2 Something today's society needs to create meaningful connection.	3 A time someone portrayed strength despite challenging times.	4 A memorable July 4th weekend and why.
5	6	7	8	9	10	11
A conversation that changed you in some way.	Something you still want to do.	Something simple that means so much to you.	A time you lived in the moment.	9 Whether summer love feels different to other seasons.	10 Whether travel is running toward or away from something.	11 What being 'enough' looks like to you.
12	13	14	15	16	17	18
How summer is different now to when you were younger.	13 A vivid memory of a family vacation and why.	14 Something you wish you said but didn't at the time.	15 Something you let go of one summer.	16 An underappreciated skill or profession.	17 A time nature humbled you.	18 Something you wish you'd known in your 20s.
19	20	21	22	23	24	25
A secret of the world you'd want to know the answer to.	20 A place that feels like 'home' even if it's far away.	21 A time you felt connected to nature.	22 A moment time stood still for you.	23 Whether it's harder to be happy or recognize happiness.	24 A time you were alone but felt a part of something bigger.	25 A challenging journey that was worth it.
26	27	28	29	30	31	1
Whether you're more yourself in routine or adventure.	27 A conversation with a parent that you vividly remember.	28 Something fleeting that left a lasting impression on you.	29 Something you had to outgrow to become your best self.	30 How you want to remember this summer.	31 What you've achieved this year and what you still want to achieve.	