

June Decluttering Week 2

COUNTERTOPS & SURFACES

SUN	7	Clear the kitchen countertop and only return what you use daily. Quickly take a look to see if there are any items on the countertop you no longer need that you can donate or toss/recycle (if broken). Then, clear everything off the countertop and wipe it. Return the items you use daily or almost daily (e.g., coffee maker, blender). For the rest of the items, consider how frequently you use them. Then, place them in cabinets accordingly (e.g., items used more frequently get placed in spots easier to access).	<input type="checkbox"/>
MON	8	Clear the bathroom countertop and only keep what you absolutely need. First, see if there are any empty containers or bottles on your countertop to recycle. Combine any duplicates you see. Consider if you need all the items or if there's anything to give away. Then, remove everything from the counter, wipe it, and only return the items you use daily. Store everything else in cabinets/drawers.	<input type="checkbox"/>
TUE	9	Remove everything off the fridge door and only return what you want to keep. Take down magnets, papers, photos, lists, reminders, and anything else you have on the fridge door. Wipe it and then only return the items you want to see every day.	<input type="checkbox"/>
WED	10	Clear the nightstands, wipe them, and only keep the essentials. Remove any items cluttering the nightstands (e.g., old cups, random chargers, receipts, books you're not reading). Wipe the nightstands and return only the items you need every night. Toss/shred receipts you don't need, donate books you	<input type="checkbox"/>
THU	11	Remove everything from the top of the dresser and only return 2-3 essential items. The top of the dresser can sometimes end up as a catch-all surface. Sort all the items you have on top of it into: 1) relocate, 2) toss/recycle, 3) donate, and 4) keep. Wipe the surface and make sure you keep only the items you really need daily or frequently (e.g., jewelry tray, perfume).	<input type="checkbox"/>
FRI	12	Set a 20-min timer and clear as many flat surfaces as you can (e.g., coffee table). Focus on surfaces that often end up having clutter on them (e.g., the coffee table, entryway table, work desk at home). Set the timer and stop when the 20 minutes run out. Make quick decisions about what items to keep, which ones to store away, and what to toss/recycle/donate. Wipe the surfaces as well.	<input type="checkbox"/>
SAT	13	Pick the most cluttered corner of a room and take 15 min to declutter & tidy. Think of what corner or area of the house bothers you the most because of it being the most cluttered. Set a 15-min timer and do what you can in that time.	<input type="checkbox"/>