

# June Journaling & Creativity

DAY 13 OF 30

Ordinary & Happy  
O & H

MORNING

People you want to reconnect with.

POSITIVE  
THOUGHT

A road trip I want to take one weekend is...

ONE  
WORD

Tropical.

GRATITUDE

The sweetest surprise someone planned for you.

BUILD  
CONFIDENCE

Times you worked hard and achieved your goals.

OVERCOME  
PERFECTIONISM

Achievements you're proud of that weren't perfect.

SELF-CARE

People who make you feel loved and supported.

EVENING

Things you admire in people close to you.

DOODLE

Postage stamp.

WATER-  
COLOR

Canoe on a river.